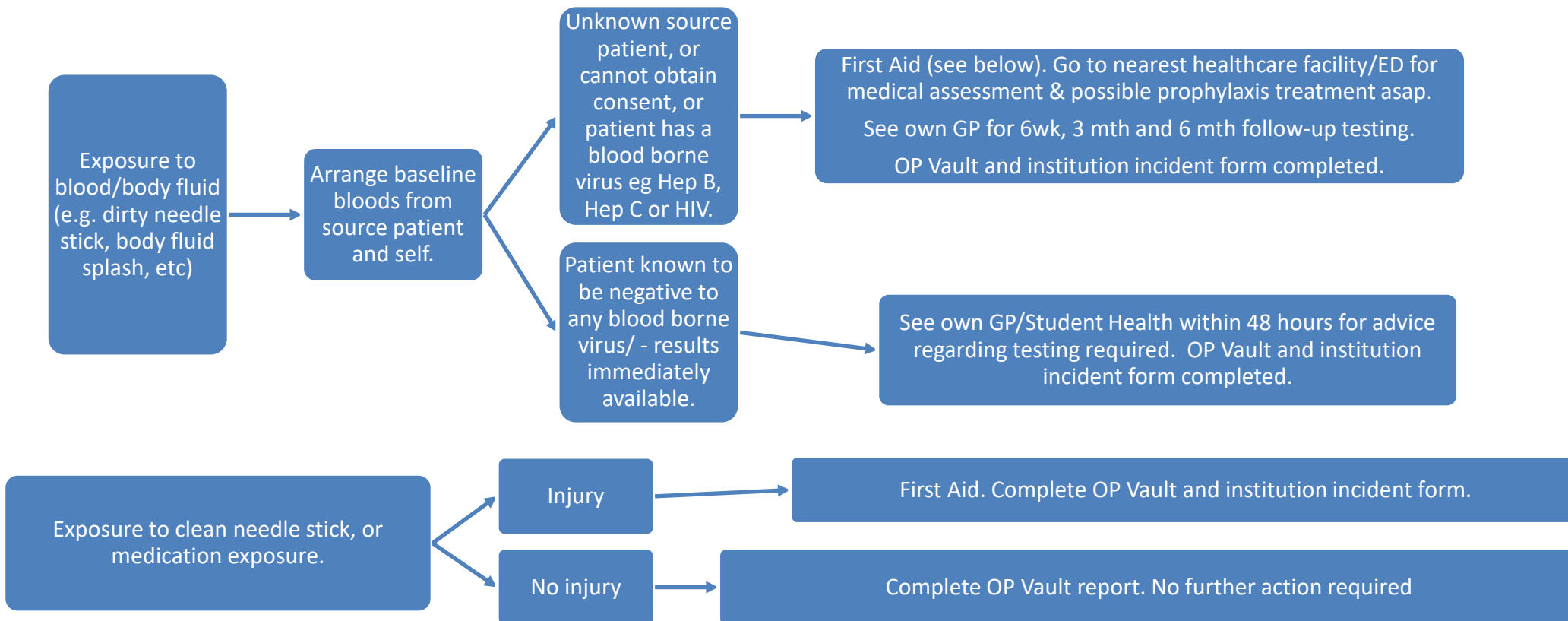


School of Nursing

Protocol for Blood and Body Fluid Exposure



NEVER, EVER RECAP A USED NEEDLE and ensure there is a sharps container to dispose of your dirty needle immediately at point of use.

First Aid: Puncture sites - encourage the wound to bleed, ideally by holding it under a running tap. Wash the wound using plenty of soap and water. Dry the wound and cover with a waterproof plaster or dressing. **Body Fluid exposure** – flush eyes, mouth or nose with water for 15 minutes.

Patients own insulin pens - these devices are designed for patients to self-administer their own medication and are a significant blood/body fluid exposure risk. It is therefore OP School of Nursing recommendation that students should **not** be using these devices to inject patients. Single use insulin syringes and needles, (which are immediately disposed of), should be used if available.